

MEETING ICEBREAKER: What's your question?



PURPOSE:

Getting to know team members better

MATERIALS:



Pens/pencils



3"x5" cards

TIMING:



20–30 minutes

DIRECTIONS:

1. Pass out a 3" x 5" card to everyone.
2. Have one team member pick a topic and announce it to the others.
3. Everyone writes a question on her card related to the topic.
For example, if "teamwork" is the topic, the questions might be, "Why is teamwork so important?" or "What can make teamwork challenging?"
4. Once everyone has written a question, put all the cards face down in the middle of the group.
5. Let people take turns drawing a card and answering the question on it.

NOTE: The team can revisit the icebreaker repeatedly with different members choosing a new topic. Funny or serious, ideas are endless: friendship, goals, family, growth, performance improvement, health, pets and more.