

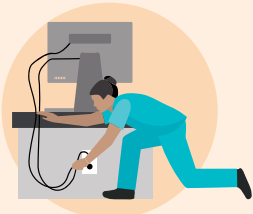


Work Proactively to Prevent Slips, Trips and Falls

Slips, trips and falls on the job are among the most frequent causes of injury at Kaiser Permanente. Fortunately, there's much we can do to prevent these incidents by working proactively to identify hazards that could cause a slip, trip or fall.

Here are some tips for minimizing the risk of slips, trips and falls in your workplace:

- [✓] Avoid running or walking too fast
- [✓] Avoid carrying items that obstruct your view of your walking path
- [✓] Use extra caution when moving during wet weather
- [✓] Avoid multitasking while walking, such as using electronic devices
- [✓] Clean up spills of coffee, water or other non-hazardous substances immediately. For chemical spills, consult your local/regional spill policy
- [✓] Keep work areas clutter-free to avoid potential hazards
- [✓] Keep walkways clear of electric cords, hoses, or any other potential hazards. Block off areas when such items encroach on walkways temporarily.



ACTIVITY



This month take 5 minutes in your next huddle or safety walk-around to ask co-workers about workplace safety hazards.



Ask them, *"Where is the next injury or incident likely to happen in our department?"*



Create a list and brainstorm solutions.



Evaluate the responses and choose one issue to discuss with your unit-based team co-leads. It could become your next UBT project!

TOOLS YOU CAN USE



Get practical tips for finding and fixing safety hazards and download checklists for doing safety walks in your department. Visit: LMPartnership.org/wps-guide