

BE A UBT HEALTH & SAFETY CHAMPION!



Every UBT needs a Health and Safety Champion to support Kaiser Permanente and the Partnership unions' commitment to a safe, healthy and vibrant workplace.

Are you a champion?



Why should you be your UBT's Health & Safety Champion?

- » Have fun!
- » Help your team improve health and safety
- » Build your leadership skills
- » Have access to great tools and resources
- » Make a difference
- » Be a role model for our members



Your mission, if you choose to accept it:

- » Use great tools to organize quick, simple, fun monthly team activities (such as a salad potluck, safety walk or Instant Recess®)
- » Deliver a health or safety message in your huddle or UBT meeting
- » Support UBT health and safety improvement projects, and remind your team to consider health and safety on all projects
- » Participate in monthly call-ins with other champions to get great ideas, tools and support, and provide feedback on what's working
- » Spread health and wellness communications

CHAMPION FACTS AT A GLANCE

Who can do this role?

- » Any UBT member who is not a team co-lead is eligible. Champions should be committed to health and safety, energetic and able to motivate and influence teammates.

How can I participate?

- » Let your UBT co-leads know you're interested in being a champion or encourage a colleague to volunteer.
- » Once you are selected, have your co-leads enter your name into UBT Tracker, so you can begin receiving champion materials and information.

